

What is LMYA Basketball doing?

LMYA basketball is a recreational basketball league for boys and girls ranging in age from 1st – 8th grade. Our emphasis in the program is to maximize each child's participation through a 3-on-3 structure. This allows each child to dribble, pass, shoot, and defend much more often than in 5-on-5 basketball. We emphasize learning basketball fundamentals while developing a solid understanding of team offensive and defensive strategies. Currently, the majority of our practices and games are held outside on blacktop courts giving an organized "playground" atmosphere. Recently we held the first of our 3v3 tournaments at Joaquin Moraga Intermediate School. Our second tournament will be held in late February and serve as our League Championships.



photos by Arlyne Noguera



www.lmyasports.com